



MAINE METRO F.C. FINISHING SCHOOL



If you're looking for that extra edge in putting the ball in the back of the net, this program is for you!

Our 5-week program covers the fundamentals of shooting (the technical, the tactical, the physical, and the psychological aspects of scoring). The program will teach the different techniques and concepts to enable players to become more proficient scorers! It will also help improve technique and encourage instinctive play around the goal. Players will learn the art of creating your own shot and finishing with power or finesse.



The program is designed with one thing in mind...SCORING GOALS!



Mail Fee (with copy of this brochure) on or before March 3rd, 2010 to:

Maine Metro F.C.
20 Crestwood Drive, Westbrook, Maine 04092

Program Dates: 3/31, 4/7, 4/14, 4/28, 5/5

TIME: 6:00 p.m. to 7:00 p.m.

LOCATION: YourSpace

COST: \$100 per player (for the five week program)

All checks should be made payable to Maine Metro F.C.

REGISTRATION INFORMATION

Player Name: _____ Age: ____

Player Address: _____

Phone: _____

Current Travel/Town Club: _____